

## **Summary of the people being reached with the Nutritional Outreach Programme, within the surrounding area (May 2004).**

### **Informal settlement in Cleveland Johannesburg.**

This settlement is home to many people who have migrated from the rural areas of Kwazulu Natal to the urban area surrounding the Johannesburg city centre. As most left their homes due to the violence in their area and with limited available jobs, most are living in very difficult conditions with minimal income.

**900 meals twice a week:** The amount of food cooked has been doubled and two meals are given per person each day. This allows the person to eat a meal at lunch time that is served and still have sufficient left for a meal the following morning.

The sick and infirm that cannot get to the clearing where the food is served are sent food parcels.

#### **1800 x meals per week.**

##### Denver Mission School

540 meals five times a week to children between the aged 4-14.

#### **2700 x meals a week.**

##### **Denver Mission School - special project.**

This school, which is adjacent to the informal squatter camp in Cleveland cannot qualify for a government subsidy, as the pass rate of the final year students is not high enough. The year's end exams begin in October and the school will be running a "School Camp" from the end of June. All the students taking the year end exams will be staying at the school in temporary accommodation. We will be supplying the maize and soya needs for this program, for all the students. Hopefully the extra effort from the teachers and the students will push the pass rate into the required percentage to qualify for the government subsidy. This will have a huge impact on the finances of the school and allow them to pay attention to many other areas, which are crying out for attention.

##### **Denver shelter**

Situated between the railway lines and the storm-water drain in Cleveland, this community of street wise teenagers have banded together to look after each other. Currently there are 32 boys and girls without any other family to rely on. We supply them with maize and soya.

#### **Approx 540 meals per week.**

##### **Malvern Clinic**

This clinic is used primarily to treat the high rate of TB and HIV in the area. An hurdle to overcome was that many of the patients could not take their medication at home as they had no food to eat to assist the medication. A soup mix is

cooked at the clinic and a cup of warm soup with bread is given to the patient and the medication can then be taken immediately.

400 meals per day 3 x per week.

**1200 meals per week.**

### **Othandweni**

A street children project in Hillbrow, Johannesburg, which provides food, clothes and temporary shelter to the youth living on the street. We supply all the maize and soya needs for the kitchen.

**800 meals per week**

### **Community Care project**

Food parcels are distributed by a Hillbrow church group to families in need in the Hillbrow and Berea area of Johannesburg. We supply all the maize and soya that is placed into the parcel.

180 Kg Soya

350 Kg maize

**Equivalent of 970 meals per week**

### **Ekuthuleni Crèche - Hillbrow**

Children are placed here in a safe environment and receive food and basic schooling while their parents look for work

54 children (at the moment) 20 days per month 2x meals per day

**= 540 meals per week**

Roly Poly - Inner-city of Johannesburg

Same as Ekuthuleni crèche - 82 children

**=860 meals per week**

### **Poor and Needy**

An overnight shelter providing food twice a day - mornings and evenings,

**950 meals per week**

Soya and maize for the food parcels given out at this project

**800 meals per week**

### **Impilo**

HIV/AIDS Care centre with mobile clinic and health awareness program - Johannesburg city centre

**588 meals per week**

**Twilight Children**

A shelter for street children in the Berea, Hillbrow area of Johannesburg. We are supplying the maize and soya for 150 meals per day 5 x per week.

**750 meals per week.**

**Impilo - Orange grove**

A shelter for abandoned infants. We are supplying not only the maize and soya needs but the baby formula requirements as well. As of 16th March, there are 150 abandoned infants at this shelter between the age of 2 days and 11 months.

**Trauma Unit - Cleveland Police Station**

This unit of the Cleveland Police Station has taken on the responsibility of collecting "sell by date" food from major retailers in the surrounding areas. We are supplementing this food with the supply of maize meal and soya soup mix. Between 400 & 450 people arrive at the trauma unit, twice a week, and are given food parcels made up of all that has been collected. The trauma unit has made a point of directing this project to assist the elderly, frail and infirm, within their station area. Great emphasis has been placed on ensuring that the food is going to the people that truly need it most.

**Hosanna Soup Kitchen - East of Johannesburg**

This project is administered by an husband and wife team, who have taken the responsibility upon themselves to assist the destitute in their area. They are currently feeding approximately 250 children per day (Monday to Friday) from their garage, and are distributing food parcels bi-weekly to  $\pm$  15 disadvantaged families within their area. As is usual, the more frequently the soup kitchen is run, the more people arrive at the "Front Door". These are hard working people and well worth supporting.

**Johannesburg Region 9 - Hospice**

The terminally ill patients who attend the Malvern Clinic, who we already assist, are referred to this Hospice facility in an endeavour to make their transition as comfortable as possible. There are currently 32 patients in this house, who are cared for by 3 Social workers. We are supplying all their maize and soya requirements for the month.

**The Central Methodist Church Jhb - Outreach Programme**

A group of volunteers from this Church in Central Johannesburg go out onto the City streets, twice a week, and supply 1,200 meals a night to the people living on the streets. These people are mainly "illegal" immigrants, who have come to South Africa from North of our borders. Many of these people cannot get refugee status and therefore cannot share in the "system". We supply all the maize and soya required for the support of this project.

## **FLOC - (For the LOVE of Children)**

This project is also run by the Central Methodist Church which provides daily shelter for children of single parents, while the parents either look for or go to work during the day. We supply maize and soya for the  $\pm$  160 children that are looked after on a daily basis.

## **Traditional Healer/Ministry of health Development Project.**

To bridge the huge gap between the thinking of the Ministry of Health and the traditional healers in the informal settlements, we are attempting to co-ordinate the following:

People flooding into the urban areas like Johannesburg looking for work find themselves in the squalor of the informal settlements being run, at best, by the traditional chieftain system that is prevalent in the rural areas. Often these areas are run by gangsters and slum lords under a similar system found in slums around the world. The nature of informal settlements is such that the traditional healers in these areas are counselling in the most appalling of conditions. Due to traditional pressure and lack of any formal education, along with the reality that the Ministry of Health is seen as "Western style" medicine, getting the people to visit the local clinic for even the most primary of health care is an on going, up-hill battle.

I am currently talking to the Ministry of Health to consider the following:

To obtain a 6 ft container and convert the interior with hot running water, a clean consulting room and basic facilities, which can be used by the traditional healer to assist the people in the informal settlement. This project will be implemented on the understanding that the traditional healer in each area will be required to undergo the Ministry of Health, Primary Health Care education programme, which includes the dispensing of TB medication and associated vitamins, as well as the dressing of wounds and identifying when it is necessary to refer a patient to the local hospital for more qualified help.

## **FUNDS REQUIRED FOR THE NEXT 3 MONTHS TO FOLLOW THROUGH WITH THE ABOVEMENTIONED PROJECTS**

To fulfil our current commitments, we will require approximately £1,200 per week for the next 12 weeks, which equates to a total amount of £14,400. This will enable us to continue and grow the projects listed above, as well as allowing us to slowly increase the assistance we are supplying to the community.

Please transfer ASAP into the Hooper's account (banking details have not changed).

Should anybody have any queries regarding the above, they are welcome to contact me, alternatively all concerned with the Trade Plus Aid programme are welcome to come and visit at anytime to view "first hand" the work being done with the funds being raised.

Hope all is well. Please send my best regards to all in the Trade Plus Aid Office.

Thanks for all your help

Yours in madness  
Matthew